

**300 East 15th Street
(209)381-6874
Monday—Friday
8:30am—4pm**

July 2014

Ongoing Groups, Classes, & Activities
Atwater Flea Market Thursdays @ 10am
Employment Counseling/ Activities Mon—Fri
“Resource Wall Available”
Mindful 10 min Meditation Mon.& Wed @10:30am

Mon	Tue	Wed	Thu	Fri
	<p>1 12 Steps 10:30am Anger Management 1pm Reading Group 2pm</p>	<p>2 SEA Group 9am Art Group 9am Peer Support 10:30am Math Facts 12pm Spirituality 1:30pm</p>	<p>3 Healthier Living-Live Well 9am– 11:30am Dual Diagnosis 1:30pm</p>	<p>4 Happy 4th of July Wellness Center Closed</p>
<p>7 Co-Ed SEA Group 9am Community Meeting 10am Advisory Committee 11am Xbox Kinect Group 1pm Anger Management 2pm</p>	<p>8 12 Steps 10:30am Anger Management 1pm Reading Group 2pm</p>	<p>9 SEA Group 9am Art Group 9am Peer Support 10:30am Men's Group 12pm Spirituality 1:30pm</p>	<p>10 Healthier Living-Live Well 9am– 11:30am Dual Diagnosis 1:30pm</p>	<p>11 Exploring Nature 9am Music Group 9am Meditation 11am Ted Talks 11:30am</p>
<p>14 Co-Ed SEA Group 9am Community Meeting 10am Advisory Committee 11am Xbox Kinect Group 1pm Anger Management 2pm</p>	<p>15 12 Steps 10:30am Anger Management 1pm Reading Group 2pm</p>	<p>16 SEA Group 9am Art Group 9am Peer Support 10:30am Math Facts 12pm Spirituality 1:30pm</p>	<p>17 Healthier Living-Live Well 9am– 11:30am Dual Diagnosis 1:30pm</p>	<p>18 Fishing 9am Meditation 11am Ted Talks 11:30am</p>
<p>21 Co-Ed SEA Group 9am Community Meeting 10am Advisory Committee 11am Xbox Kinect Group 1pm Anger Management 2pm</p>	<p>22 12 Steps 10:30am Anger Management 1pm Reading Group 2pm</p>	<p>23 SEA Group 9am Art Group 9am Peer Support 10:30am Men's Group 12pm Spirituality 1:30pm</p>	<p>24 Healthier Living-Live Well 9am– 11:30am Dual Diagnosis 1:30pm</p>	<p>25 Exploring Nature 9am Music Group 9am Meditation 11am Ted Talks 11:30am</p>
<p>28 Co-Ed SEA Group 9am Community Meeting 10am Advisory Committee 11am Xbox Kinect Group 1pm Anger Management 2pm</p>	<p>29 12 Steps 10:30am Anger Management 1pm Reading Group 2pm</p>	<p>30 SEA Group 9am Art Group 9am Peer Support 10:30am Math Facts 12pm Spirituality 1:30pm</p>	<p>31 Women's Group 11am Dual Diagnosis 1:30pm</p>	